

## Warranty Information

Your Trulife product is warranted to be free from defects in materials and workmanship for 2 years from the date of purchase.

In the unlikely event your product develops a fault, please contact your supplier/dealer immediately.

This warranty does not cover device failure due to owner misuse or non-observation of the instructions set out in this manual. This warranty does not extend to non-durable components, such as rubber ferrules that are subject to normal wear and tear and need periodic replacements.

For further information on the warranty please go to the Trulife website at [www.trulife.com](http://www.trulife.com).

This file is available to view and download as a PDF at [www.trulife.com](http://www.trulife.com).

Sight impaired customers can use a free PDF Reader to zoom in and increase the text size for improved readability.

## Disposal

Dispose of end of life products in accordance with local authority requirements.



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## Instructions for use

**SMM535 Combi Fischer Stick (Left Hand)**  
**SMM537 Combi Fischer Stick (Right Hand)**  
**SMM539 Combi Aluminum Support Stick**

**PLEASE READ ALL INSTRUCTIONS  
BEFORE USE**



XST107/1222

## Intended use

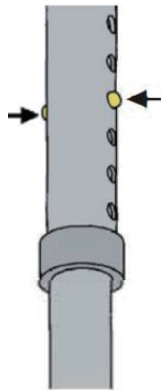
These devices are designed to provide support, stability and mobilise people with walking difficulties and disabilities. This is a personal device and is manually operated by the user.

## Adjustment

The height of this stick should be adjusted to suit each user for safety and comfort.

A full assessment of the user's requirements by a physiotherapist or medical professional should be conducted before use to ensure the product can be used safely.

When standing upright, holding the handgrip the user's arm should be slightly bent. When standing beside the device, the handgrip should reach just above the wrist joint.



### How to adjust the height:

1. Push in the brass buttons on each side of the tube.
2. Turn the leg slightly.
3. Extend or retract the leg to the desired height.
4. Release the brass buttons.
5. Check the pins are fully located and the leg is locked in position.

## How to use walking sticks

We recommend that walking sticks should be used with the handle facing backwards.

### Walking

The device should be held in the opposite hand to the affected leg e.g. if your left leg is the weak leg then the device should be placed into your right hand.

The device should be placed on the floor at the same time as the affected leg which will create a triangular base between the users legs and the stick.

The unaffected leg should be moved in front of the affected leg and the sequence begins again.

### Getting up and down stairs

Hold onto the handrail if possible. Place the stick on the same step as the affected leg, then the unaffected leg should lead when going upstairs, and the affected leg should lead when coming down. However, where possible, go up and down stairs in the normal manner.

## Maintenance and regular checks

- To clean use a mild detergent and warm water.
- Check the rubber ferrules have plenty of tread showing and are not unevenly worn.
- Check the handgrips are in good condition and secure with no signs of damage.
- Check the spring clips are fully protruding through the adjustment holes.
- Check the adjustment holes for distortion. These should be round, not oval.
- Check the tubing is not cracked or bent.

**STOP USING THE DEVICE IMMEDIATELY IF YOU DISCOVER ANY LOOSE, WORN OR DAMAGED PARTS.**

## Advice for reissue

If you plan to reissue this product, all components must be checked thoroughly to ensure they are safe. In addition to performing all the maintenance checks listed above:

- Rubber ferrules (tips) should be replaced.
- Any worn or damaged parts must be replaced.
- The device must be thoroughly cleaned.
- Any subsequent users of the device must be supplied with proper instructions for use.
- **If in doubt, do not reissue the device.**

**Trulife accepts no responsibility for the inspection and reissue of walking aids or for maintaining any records associated with these activities.**